

31 The life-wasting muti

Many, many years ago, everyone was strong and healthy. They enjoyed a varied diet of fruit, vegetables and fish and exercised every day. Earth was the healthiest place imaginable and everyone was joyful and in good moods. Some evil spirits managed to cast a spell on themselves and they landed in a bottle for centuries. The young boy who found the bottle thought it was a cold drink and drank it. In a few days, his tongue felt fuzzy and he didn't want to eat fruit, vegetables and fish any longer. He just wanted to eat ice cream, pizza, burgers and chocolates. Playing and running with his friends made him tired. He just wanted to stay at home and watch TV. The worst was that the evil spirits could jump from person to person, like a virus. The disease of wasting-your-life was contagious.



Dr Fitand Helthy did much research. There was no muti to get rid of the disease, but she found that the evil spirits could not stand joy and good humour. From then on, the best remedy was a bit of effort to eat some fruit, vegetables and fish and to do some exercise. Everyone who took Dr Helthy's advice was cured of the waste-of-life disease.

Read the folklore and answer the questions in full sentences.

- 1 What is the story about?
- 2 What were the symptoms of the disease?
- 3 What was Dr Fitand Helthy's remedy for the disease?
- 4 Folklore is often a collection of fictional tales about people and animals. Although they may be "fanciful tales" they often have a lesson or answer some of life's basic questions.
 - a What is fanciful in this story?
 - b What is the lesson in this story?

32 Economics as you grow

Beginner	Advanced beginner	Competent
1 You need money to buy things.	5 You need to make choices about how you spend your money.	9 You should save at least 10c for every rand you spend.
2 You earn money by working.	6 It is good to shop around and compare prices before you buy.	10 Entering bank and credit card numbers online is risky.
3 You may have to wait before you can buy something you want.	7 It can be costly and dangerous to share information online.	11 The sooner you save the faster your money will earn interest.
4 There is a difference between things you want and things you need.	8 Putting your money in a savings account will protect it and pay you interest.	12 Using a credit card is like taking a loan.

Read the contents of the table. Answer the questions in full sentences.

- 1 Do you like to spend money? Why or why not?
- 2 What do you usually spend money on?
- 3 Do you like the latest trendy things? Why or why not?
- 4 Do you want to have money when you are older?
- 5 Do you think you are good with money? Why or why not?
- 6 Read the table again. Write down the tip(s) that apply to saving money.
- 7 Write down the tip(s) that apply to online shopping.
- 8 Which four tips are the most vital for money sense?
- 9 Use three or four of the tips and design a poster.